



# ATHLETE GUIDE

## WELCOME

We are excited to bring you The Cactus Man Triathlon! It's been a long road to get here and we are very much looking forward to race day. We can't thank The City of Tempe enough for all the work that went into bringing this race to fruition.

Thank you for racing with us!!

4 Peaks Racing

## COVID PRECAUTIONS

1. In order to keep the number of people onsite to those that need to be there, we respectfully request **NO SPECTATORS**. We will have photographers on course, and at the finish to capture your race day.
2. **FACE MASKS MUST BE WORN BY ALL ATTENDEES AT ALL TIMES**. A disposable mask will be in your race packet and should be worn to the start line. You may remove your mask and place it in the trash can at the start line right before you are directed to enter the water. Face masks will be available at the finish line and should be put on immediately.
3. Please adhere to social distancing guidelines at all times and stay 6 feet apart
4. Hand sanitizer stations throughout venue should be utilized often
5. Results will be posted online at the conclusion of the event. There will be no awards ceremony at the race venue. See details on picking up awards in the section below.
6. Rack your bike by race number
7. After you are finished with your race, please gather your belongings and proceed to your vehicle.

## PACKET PICK UP – What to bring

Photo ID

Proof of USA Triathlon Membership:

1. Annual members will need to show their USAT card
2. If you purchased a one-day license we have a record on our end

Only the registered athlete can pick up his/her packet for the Triathlon, Duathlon and Aquabike.

You cannot pick up packets for others.

## PACKET PICK UP – Locations

FRIDAY, APRIL 30

3pm to 6pm Packet pick up:

Moxie Multisport

2952 N Hayden Rd

Scottsdale AZ 85251

## SATURDAY, MAY 1

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11:00 a.m. – 4:00 p.m. Packet pickup and bike check-in\* at Tempe Beach Park

Tempe Beach Park

80 W Rio Salado Pkwy

Tempe AZ 85281

- 11am – 12pm (Last name A – E)
- 12pm – 1pm (Last name F – J)
- 1pm – 2pm (Last name K – O)
- 2pm – 3pm (Last name P – S)
- 3pm – 4pm (Last name T – Z)

\* Bike check in is recommended but not mandatory. There will be security at transition beginning 11:00 a.m. Saturday until the last bike is checked out after the race.

## SUNDAY, MAY 2

NO RACE DAY PACKET PICK UP

### **PACKET PICK UP – What you get**

Race number – Must be worn on the run

Bike frame number – To be placed on bike

Helmet number – To be placed on the front of your helmet

Timing chip – Athletes must wear their timing chip on their left ankle during the entire race. Timing chips must be returned to the buckets at the finish line

T-shirt

Finisher medal

Wrist band

Disposable face mask to wear to the start line

Four safety pins

## **PARKING**

[CLICK HERE](#) for parking in Downtown Tempe. Please note there is no parking at Tempe Center for the Arts or Tempe Beach Park during packet pick up and race day.

## **RACE DAY SCHEDULE**

4:45 a.m. Transition opens  
6:00 a.m. Direct athletes to Arts Park for start  
6:15 a.m. Transition closes  
6:20 a.m. National Anthem  
6:25 a.m. ALL duathletes start adjacent to swim start  
6:30 a.m. Rolling start for ALL Olympic distance athletes  
7:00 a.m. Rolling start for ALL sprint distance athletes  
7:30 a.m. Expected time for all athletes to have started  
8:15 a.m. Swim course cut off  
9:15 a.m. No new bike course laps  
10:15 a.m. Bike Course cut-off  
11:00 a.m. No new run course laps

## **AWARDS PICK UP**

### SATURDAY, MAY 8

Moxie Multisport

11:00 a.m. to 2:00 p.m.

If you place top 3 in your age group or category, please swing by Moxie to pick up your award and get a photo on the podium

## **RACE TIMING**

This event will be chip timed by 4 Peaks Racing using triathlon chips. Chips should be worn on your left ankle and must be returned at the finish. Lost or unreturned chips will be charged to the athlete.

Results will be posted at the conclusion of the race

## FINISH LINE

Upon finishing, please remove your own timing chip and place it in the buckets of bleach. At the end of the finish chute there will be a table of face masks, please put on a face mask before leaving the finish chute. After you are done please gather your belongings and proceed to your vehicle. Have a safe drive home and thanks for racing with us

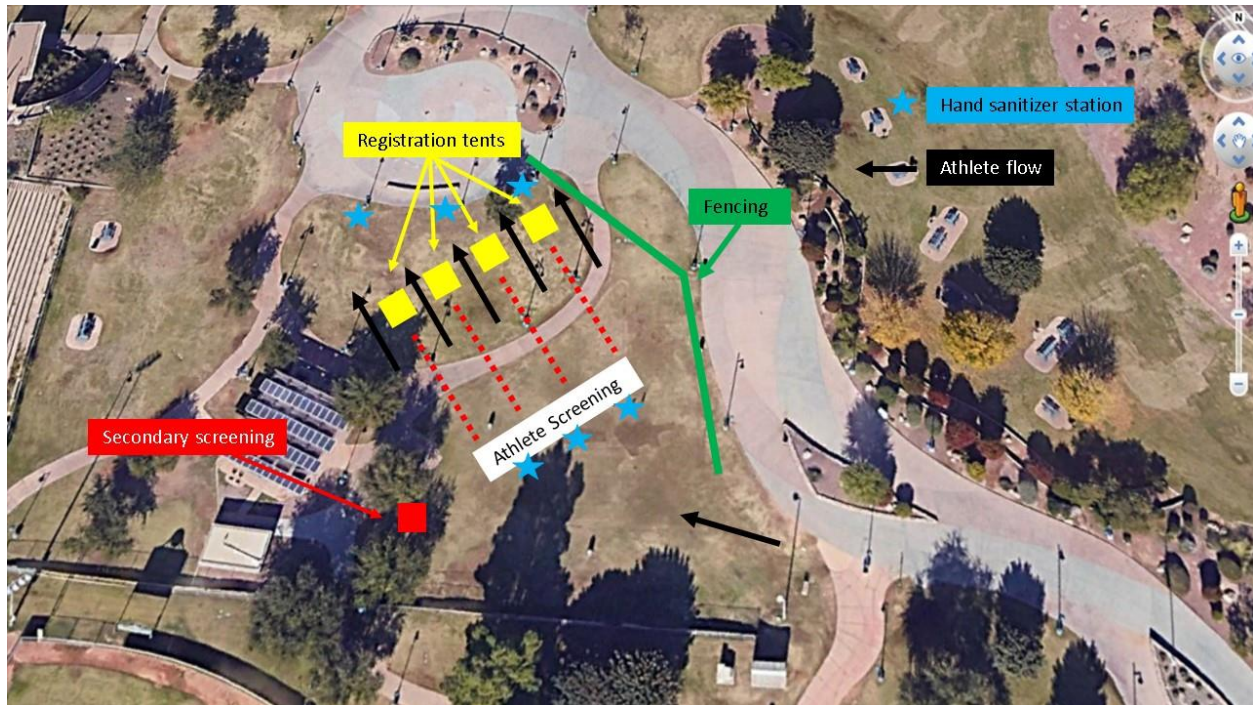
## RACE MAPS

### TEMPE BEACH SITE MAP





## TEMPE BEACH PARK REGISTRATION FLOW



## SWIM START





Hand sanitizer station

Athlete flow

BIKE IN  
BIKE OUT

SWIM IN  
RUN OUT

Olympic run lap 2

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Google Earth

The map illustrates the proposed transit routes in the Red Mountain area. Key roads shown include N Center Pkwy, W Center Pkwy, N Mill Ave, E Curry Rd, W Rio Salado Pkwy, S Mill Ave, N Priest Dr, W Washington St, E Weber Dr, E Curry Rd, N Scottsdale Rd, and E Rio Salado Pkwy. The transit route is highlighted in blue, showing a path that enters from the west, travels east along N Center Pkwy, and then turns south to follow W Rio Salado Pkwy. A label 'TRANSITION' is located near the intersection of N Center Pkwy and W Rio Salado Pkwy.

**RUN COURSE (Sprint = 1 loop, Olympic = 2 loops)**

